



Educational Materials Inventory

A Collection of Print Materials and Presentations across DPH



Revised: September 2011

The Educational Materials Inventory is a collection of health education materials created and/or utilized by staff in LA County's Department of Public Health. The purpose of the Inventory is to share resources with internal and external partners, as well as, provide useful tools to educate and improve the health of LAC communities.

The inventory is updated on an annual basis by the Health Education Administration program. To add or delete materials from the inventory, contact Susan Srabian at ssrabian@ph.lacounty.gov.

For questions about a specific material, contact the program listed under the "How to Access Material" column.

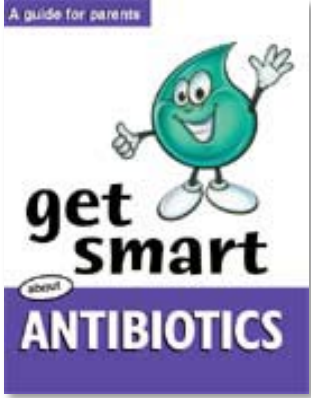

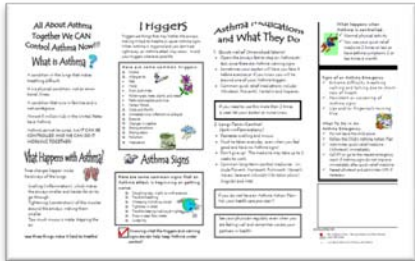
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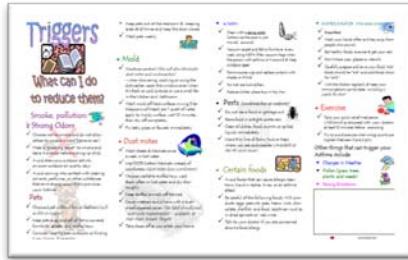
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Print Materials

Topic	Image	Details	Language(s)	How to Access Print Materials
Antibiotics		<ul style="list-style-type: none"> • Brochure 	English Spanish Chinese Korean	Download from website and available for order (free while supplies last): Acute Communicable Disease Control Program http://publichealth.lacounty.gov/acd/HealthEd.htm
Asthma		<ul style="list-style-type: none"> • Flyer • Understanding Asthma 	English Spanish	Contact program: Health Education Administration Susan Srabian, MPH ssrabian@ph.lacounty.gov
Asthma		<ul style="list-style-type: none"> • Brochure • All About Asthma 	English Spanish	Download from website: Material Child and Adolescent Health http://www.asthmacoalitionla.org/

Asthma

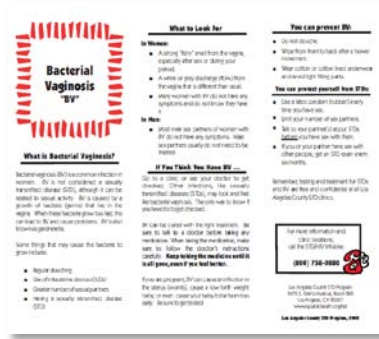


- Brochure
- Asthma Triggers: What to do to reduce them

English Spanish

Download from website: Material Child and Adolescent Health <http://www.asthmacoalitionla.org/>

Bacterial Vaginosis

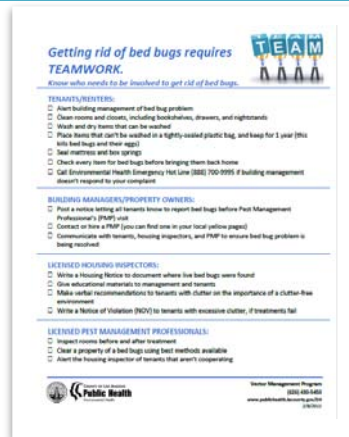


- Brochure

English Spanish

Contact Program: Sexually Transmitted Disease Program Sally Villanueva savillanueva@ph.lacounty.gov

Bed Bugs



- Checklist
- Getting Rid of bed bugs requires teamwork

English

Contact program: Health Education Administration Susan Srabian, MPH ssrabian@ph.lacounty.gov

Bed Bugs



- Handout
- Preventing Bed Bugs in the Home

English

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Birth Control



- Brochure
- Birth Control: It's Your Choice

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Breastfeeding



- Brochure
- Women, Work and Breastfeeding

English
Spanish

Contact Program:
Maternal, Child and Adolescent Health Program
Eleanor Long
elong@ph.lacounty.gov

Cancer



- Brochure
- Cervical and Breast Cancer
- Pap tests, HPV vaccines, and Mammograms

English

Contact program:
Office of Women’s Health
Elizabeth Stillwell
estillwell@ph.lacounty.gov

Cardiovascular Disease (CVD)



- Flyer
- Understanding Cardiovascular Disease

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Chlamydia



- Info card

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Cholesterol



Understanding Cholesterol

What is cholesterol?
Cholesterol is a fat-like substance that is found in your bloodstream and in most cells. It's important because it keeps your cells healthy. But too much cholesterol can be bad for your health. Combined with other substances, it can form plaque (a thick, hard deposit) that clogs the arteries of the heart. Clogged arteries can lead to heart attacks or strokes.

What are the signs and symptoms of high cholesterol?
High cholesterol has no symptoms. The only way to tell if you have it is by getting a blood test. Ask your doctor for a cholesterol test and get re-tested every five years. Your doctor may suggest getting tested more often if you have a family history or other risk factors.

How do you manage high cholesterol?
In many people, high cholesterol can be treated with lifestyle changes, such as exercising, eating healthy, and losing weight. To help prevent high cholesterol, follow these tips:

- Eat a healthy diet that includes lots of fruits, vegetables, fish, whole grains, and reduced-fat dairy products.
- Limit saturated fats. Like fatty meats, butter and whole milk.
- Limit cholesterol intake to less than 300 mg/day.
- Control your weight.
- Exercise at least 30 minutes each day.
- Avoid smoking (call 1-800-QUIT-NOW).
- Limit alcohol to one per day.
- Schedule regular cholesterol tests with your doctor.
- Find ways to manage your stress.

Lifestyle changes are very helpful in managing high cholesterol, but they may not always be enough. Some people may need to take additional medications to lower their cholesterol. Talk to your doctor to come up with a plan that's best for you.

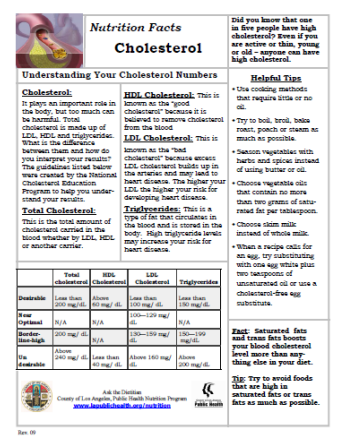
Public Health | Healthy Way LA

- Flyer
- Understanding Cholesterol

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Cholesterol



Nutrition Facts Cholesterol

Understanding Your Cholesterol Numbers

Cholesterol: It plays an important role in the body, but too much can be harmful. Total cholesterol is made up of LDL, HDL, and triglycerides.

LDL Cholesterol: Known as the "bad" cholesterol because excess LDL cholesterol builds up in the arteries and may lead to heart disease. The higher your LDL, the higher your risk for developing heart disease.

HDL Cholesterol: Known as the "good" cholesterol because excess HDL cholesterol helps up in the arteries and may lead to heart disease. The higher your HDL, the lower your risk for heart disease.

Triglycerides: This is a type of fat that circulates in the blood and is stored in the body. High triglycerides levels may increase your risk for heart disease.

	Total cholesterol	LDL cholesterol	HDL cholesterol	Triglycerides
Desirable	Less than 200 mg/dL	Below 100 mg/dL	Above 40 mg/dL	Less than 150 mg/dL
Borderline	200-239 mg/dL	100-159 mg/dL	30-39 mg/dL	150-199 mg/dL
High	240 mg/dL or above	160 mg/dL or above	30 mg/dL or below	200 mg/dL or above

Helpful Tips:

- The cooking methods that require little or no oil.
- Try to boil, broil, bake, roast, poach or steam as much as possible.
- Select vegetables with hearts and spices instead of using butter or oil.
- Choose vegetable oils that contain no more than two grams of saturated fat per tablespoon.
- Choose skim milk instead of whole milk.
- When a recipe calls for an egg, try substituting with one egg white plus two teaspoons of unseasoned oil or use a cholesterol-free egg substitute.

Fact: Saturated fats and trans fats increase your blood cholesterol level more than anything else in your diet.

Tip: Try to avoid foods that are high in saturated fat or trans fat as much as possible.

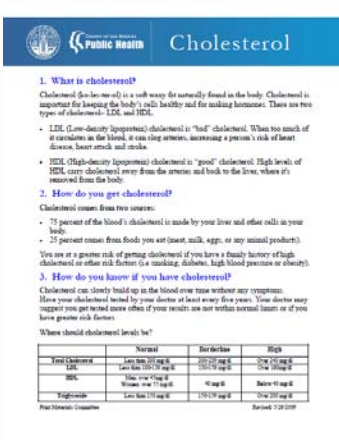
County of Los Angeles Public Health Nutrition Program
www.health.lacounty.gov/cholesterol

- Brochure
- Managing cholesterol

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Chronic Diseases



Cholesterol

1. What is cholesterol?
Cholesterol (ko-les-ter-ol) is a soft waxy fat normally found in the body. Cholesterol is important for keeping the body's cells healthy and for making hormones. There are two types of cholesterol: LDL and HDL.

- LDL (Low-density lipoprotein) cholesterol is "bad" cholesterol. When too much of it circulates in the blood, it can clog arteries, increasing a person's risk of heart disease, heart attack and stroke.
- HDL (High-density lipoprotein) cholesterol is "good" cholesterol. High levels of HDL carry cholesterol away from the arteries and back to the liver, where it's removed from the body.

2. How do you get cholesterol?
Cholesterol comes from two sources:

- 75 percent of the blood's cholesterol is made by your liver and other cells in your body.
- 25 percent comes from foods you eat (meat, milk, eggs, or any animal products).

You are at a greater risk of getting cholesterol if you have a family history of high cholesterol or other risk factors (a smoking, diabetes, high blood pressure or obesity).

3. How do you know if you have cholesterol?
Cholesterol can slowly build up in the blood over time without any symptoms. Have your cholesterol tested by your doctor at least every five years. Your doctor may suggest you get tested more often if your results are not within normal limits or if you have greater risk factors.

When should cholesterol levels be?

	Normal	Borderline	High
Total Cholesterol	Less than 200 mg/dL	200-239 mg/dL	240 mg/dL or above
LDL	Less than 100 mg/dL	100-159 mg/dL	160 mg/dL or above
HDL	30-39 mg/dL	40-49 mg/dL	50 mg/dL or above
Triglyceride	Less than 150 mg/dL	150-199 mg/dL	200 mg/dL or above

Public Health | Nutrition Program

- Frequently Asked Questions
- Cholesterol
- Diabetes
- How to stop smoking
- Physical activity

English
Spanish

Download from website:
Public Health Nursing
<http://www.publichealth.lacounty.gov/phn/>

Communicable Diseases



- Frequently Asked Questions
- Topics
- Amebiasis
- Campylobacteriosis
- Chicken pox
- Cryptosporidiosis
- Cystercercosis
- Giardiasis
- Head lice
- Hepatitis
- Legionellosis
- Leprosy
- (continued from previous page)
- Listeriosis
- Malaria
- Measles
- Meningitis
- Salmonellosis
- Scabies
- Shigellosis
- Tuberculosis (TB)
- Typhoid fever
- West Nile virus
- Whooping cough

English Spanish

Download from website:
Public Health Nursing
<http://www.publichealth.lacounty.gov/phn/>

Coughing



- Sign
- Health Alert:
- Coughing Spreads Germs

English Spanish Chinese

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov

Coughing



- Table Tent

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Coughing

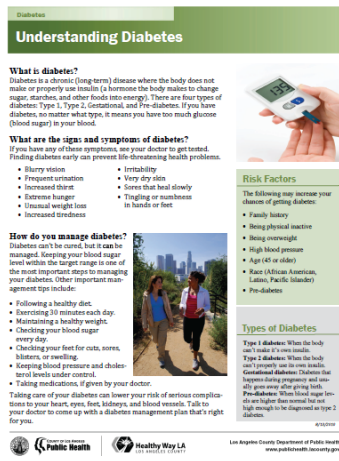


- Poster

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Diabetes



- Flyer
- Understanding Diabetes

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Distracted Driving



- Posters
- 3 versions available

English

Download from website:

Injury and Violence Prevention Program
<http://www.publichealth.lacounty.gov/ivpp/JustDrive/home.htm>

Distracted Driving



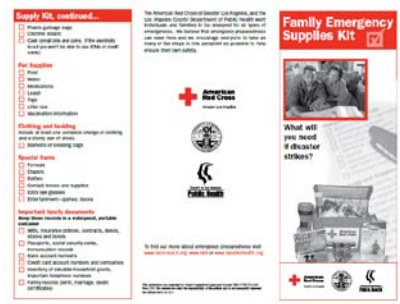
- Flyers
- Available for general public, parents, and youth

English

Download from website:

Injury and Violence Prevention Program
<http://www.publichealth.lacounty.gov/ivpp/JustDrive/home.htm>

Emergency Preparedness



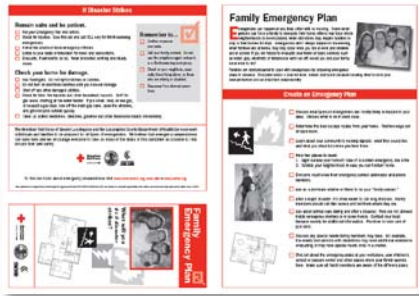
- Brochure
- Family Emergency Supplies Kit

Arabic
 Armenian
 Chinese
 English
 Farsi
 Khmer
 Korean
 Russian
 Spanish
 Tagalog
 Thai
 Vietnamese

Download from website:

Emergency Preparedness and Response Program
<http://www.publichealth.lacounty.gov/eprp/media/getabrochure.htm>

Emergency Preparedness

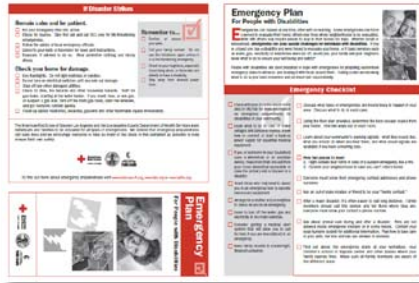


- Brochure
- Family Emergency Plan

Arabic
Armenian
Chinese
English
Farsi
Khmer
Korean
Russian
Spanish
Tagalog
Thai
Vietnamese

Download from website:
Emergency Preparedness and Response Program
<http://www.publichealth.lacounty.gov/eprp/media/getabrochure.htm>

Emergency Preparedness



- Brochure
- Emergency Plan for people with Disabilities

Arabic
Armenian
Chinese
English
Farsi
Khmer
Korean
Russian
Spanish
Thai
Vietnamese

Download from website:
Emergency Preparedness and Response Program
<http://www.publichealth.lacounty.gov/eprp/media/getabrochure.htm>

Enterovirus



- Brochure
- If You Are Pregnant...

English
Spanish

Download from website and available for order (free while supplies last):
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>

Environmental Health



- Frequently Asked Questions
- Topics
- Asbestos
- Carbon monoxide
- Community Environments
- Flame retardants
- Formaldehyde
- Lead
- Mercury
- Safe food handling
- Secondhand smoke

English Spanish

Download from website:
Public Health Nursing
<http://www.publichealth.lacounty.gov/phn/>

Facility Checklist

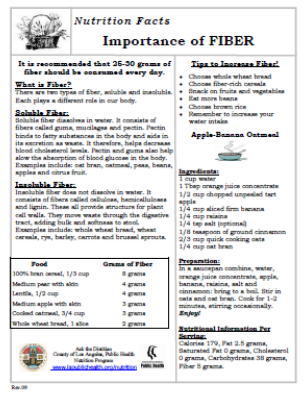


- Checklist for Homeless Shelters
- Keeping your Facility Healthy

English

Download from website and available for order (free while supplies last):
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>

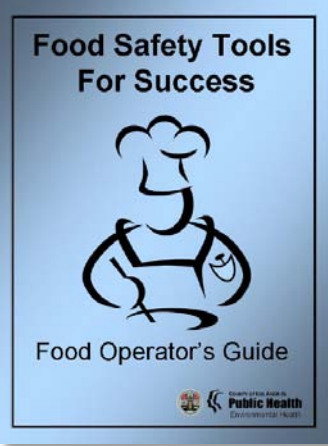
Fiber




- Flyer
- Importance of fiber

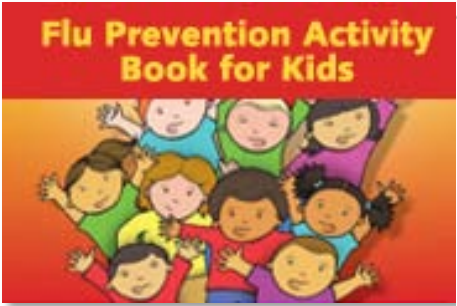
English Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Food Safety		<ul style="list-style-type: none"> • Booklet 	English	<p>Download from website: Environmental Health http://publichealth.lacounty.gov/eh/docs/booklet.pdf</p>
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Food Safety		<ul style="list-style-type: none"> • Brochure • Safe handling of Fresh Fruits and Vegetables 	English	<p>Download from website: Acute Communicable Disease Control Program http://publichealth.lacounty.gov/acd/docs/FightBac.pdf</p>
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Flu		<ul style="list-style-type: none"> • Bookmark (double-sided English/Other Language) • Flu prevention tips 	Arabic Armenian Chinese English Farsi Khmer Korean Russian Spanish Tagalog Thai Vietnamese	<p>Download from website and available for order (free while supplies last): Acute Communicable Disease Control Program http://publichealth.lacounty.gov/acd/HealthEdFlu.htm</p>
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<p>Flu</p> 	<ul style="list-style-type: none"> • Ruler (double-sided) 	<p>English/Spanish</p>	<p>Download from website and available for order (free while supplies last): Acute Communicable Disease Control Program http://publichealth.lacounty.gov/acd/HealthEdFlu.htm</p>
<p>Flu</p> <p style="text-align: center;">NO IMAGE AVAILABLE</p>	<ul style="list-style-type: none"> • Brochure • Pandemic flu • Protect yourself from flu and pandemic flu 	<p>English</p>	<p>Contact program: Immunization Program Gary Fujimoto 213-351-7491 gfujiimoto@ph.lacounty.gov</p>
<p>Flu</p> 	<ul style="list-style-type: none"> • Sticker • No flu • Flu fighter 	<p>English</p>	<p>Download from website and available for order (free while supplies last): Acute Communicable Disease Control Program http://publichealth.lacounty.gov/acd/HealthEdFlu.htm</p>
<p>Flu</p> 	<ul style="list-style-type: none"> • Activity Book • Flu prevention for kids 	<p>English (Age 7-9) English (Age 10-12) Spanish (Age 7-9) Spanish (Age 10-12)</p>	<p>Contact program: Acute Communicable Disease Control Program http://publichealth.lacounty.gov/acd/HealthEdH1N1.htm</p>

Flu



- Flyer
- Halloween theme

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Flu

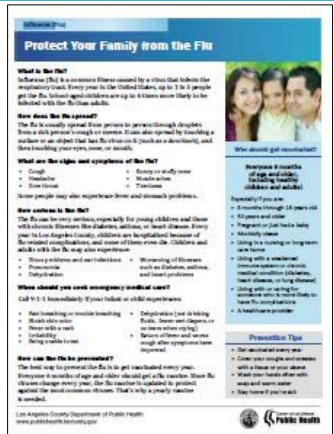


- Flyer
- Keep Our Schools Healthy

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Flu



- Flyer
- Protect your family from the flu
- Targeting general public

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu



- Flyer
- Preventing Flu in the Workplace
- Targeting employees

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu



- Flyer
- General Prevention
- Encourages vaccination, hand washing and other respiratory disease prevention practices

English

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Flu Vaccine



- Flyer
- Holiday theme

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Flu Vaccine



- Flyer
- New Year theme

English Spanish

Contact program:
 Health Education Administration
 Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Flu Vaccine

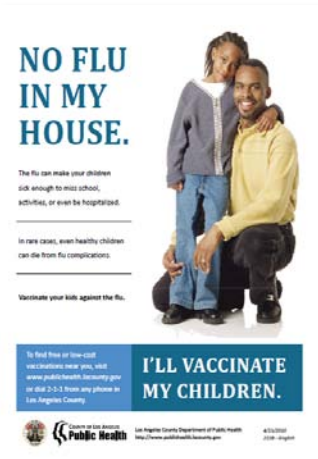


- Static Cling Flyer
- Targeting parents to get their children vaccinated

English Spanish

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gfujiimoto@ph.lacounty.gov

Flu Vaccine



- Flyer (double-sided)
- Targeting general public

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Flyer (double-sided)
- Targeting pregnant women

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Flyer (double-sided)
- Targeting seniors

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Poster (double-sided)
- Targeting community

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Flyer (double-sided)
- Targeting parents

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Flyer (double-sided)
- Targeting adults with diabetes

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Flyer (double-sided)
- Targeting families

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine



- Flyer (double-sided)
- Targeting pregnant women

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Flu Vaccine

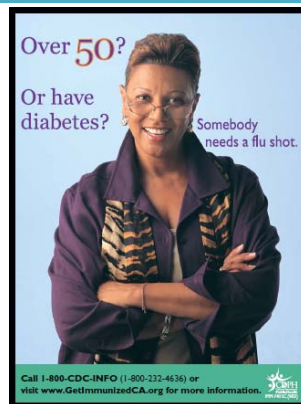


- Tri-fold brochure
- Staying Healthy and Preventing Flu in your Community

English Spanish

Contact program:
 Health Education Administration
 Susan Srabian, MPH
ssrabian@ph.lacounty.gov


Flu Vaccine



- Static Cling Flyer
- Targeting older adults

English

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gfujiimoto@ph.lacounty.gov

<p>Flu Vaccine</p>		<ul style="list-style-type: none"> • Poster • For general public 	<p>English Spanish</p>	<p>Contact program: Immunization Program Gary Fujimoto 213-351-7491 gfujimoto@ph.lacounty.gov</p>
<p>Flu Vaccine</p>		<ul style="list-style-type: none"> • Poster • It's Not Too Late to Vaccinate • Targeting general public for late seasonal flu vaccination 	<p>English Spanish</p>	<p>Contact program: Immunization Program Gary Fujimoto 213-351-7491 gfujimoto@ph.lacounty.gov</p>
<p>Flu Vaccine</p>		<ul style="list-style-type: none"> • Flyer • Targeting pregnant women 	<p>English Spanish</p>	<p>Contact program: Immunization Program Gary Fujimoto 213-351-7491 gfujimoto@ph.lacounty.gov</p>

Flu Vaccine



- Flyer
- Targeting pregnant women, people living with babies, and anyone who takes care of babies

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov

Flu Vaccine



- Static Cling Flyer
- Latina 50+ Flu Campaign

Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov

Flu Vaccine



- Flyer
- Targeting healthcare workers

English

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov

Flu (and Emergency Preparedness)



- Flyer
- While we can't predict...We can prepare!
- Targeting Community

Arabic
Armenian
Chinese
English
Farsi
Khmer
Korean
Spanish
Russian
Tagalog
Thai
Vietnamese

Download from website:
Acute Communicable Disease Control Program
http://www.publichealth.lacounty.gov/acd/HealthE_d.htm

Flu and Whooping Cough



- Flyer
- Targeting child care providers

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gufujimoto@ph.lacounty.gov

Genital Warts (HPV)



- Info Card

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Gonorrhea

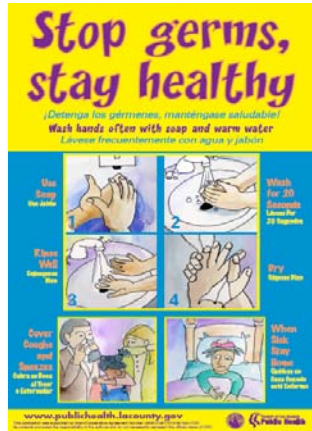


- Info Card

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Hand Washing

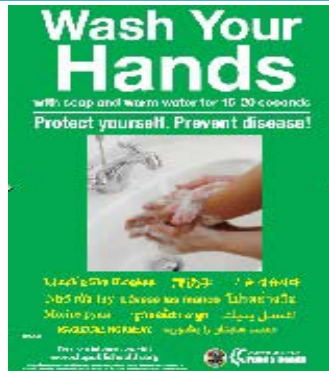


- Poster (double-sided English/Other Language)

Arabic
Armenian
Chinese
English
Farsi
Khmer
Korean
Russian
Vietnamese
Spanish
Tagalog
Thai

Download from website and available for order (free while supplies last):
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/respiratoryhygiene.htm>

Hand Washing



- Stickers
- Static Cling-Ons

English (includes translations into multiple languages)

Download from website and available for order (free while supplies last):
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/respiratoryhygiene.htm>

Hand Washing



- Stickers

English

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/respiratoryhygiene.htm>

Hand Washing



- Cling-on and Poster

Cling-on
English
Spanish

Poster
Arabic
Armenian
Chinese
English
Farsi
Khmer
Korean
Russian
Spanish
Tagalog
Thai
Vietnamese

Download from website:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>

Hand Washing

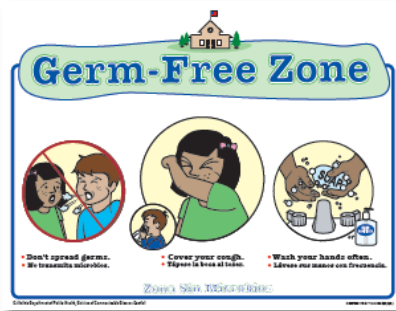


- Cling-on

Chinese
English
Japanese
Korean
Spanish
Tagalog
Vietnamese

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Hand Washing



- Cling-on
- Focuses on importance of covering coughs and washing hands

Asian Languages
English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Healthy Weight Promotion

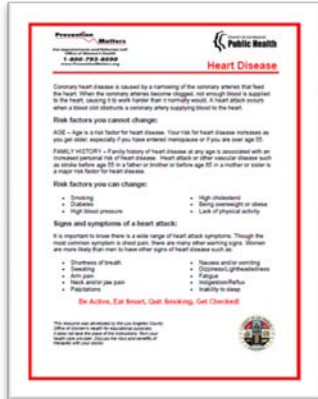


- Flyer
- Steps to a healthy life

English
Spanish

Contact Program:
Maternal, Child and Adolescent Health Program
Eleanor Long
ELong@ph.lacounty.gov

Heart Disease

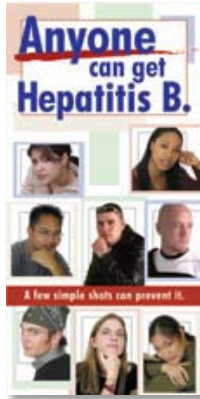


- Fact sheets
- Topics include Heart Disease and:
 - Cholesterol
 - Diabetes
 - Diet
 - Medication
 - Physical Activity
 - Smoking
 - Stress
 - Weight Management

Armenian
Chinese
English
Japanese
Korean
Spanish
Tagalog
Vietnamese

Download from website:
Office of Women’s Health
<http://publichealth.lacounty.gov/phcommon/public/uploadpage/uploadtablelist.cfm?unit=owh&prog=programs&ou=ph>

Hepatitis B



- Pamphlet

Chinese
English
Spanish
Vietnamese

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gufujimoto@ph.lacounty.gov

Herpes



- Info Card

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

HIV



- Info Card

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Human Papillomavirus (HPV) Vaccine



- Flyer
- What health care providers need to know

English

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gufujimoto@ph.lacounty.gov

Hypertension (High Blood Pressure)



- Flyer
- Understanding High Blood Pressure

English
Spanish

Contact program:
Health Education Administration
Susan Srabian, MPH
ssrabian@ph.lacounty.gov

Immunization



- Pamphlet
- Vaccine safety: 10 facts for parents

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Immunization



- Sign
- How to comfort your child after shots

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Immunization



- Pamphlet
- Get your shots at your preteen doctor visit

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Immunization

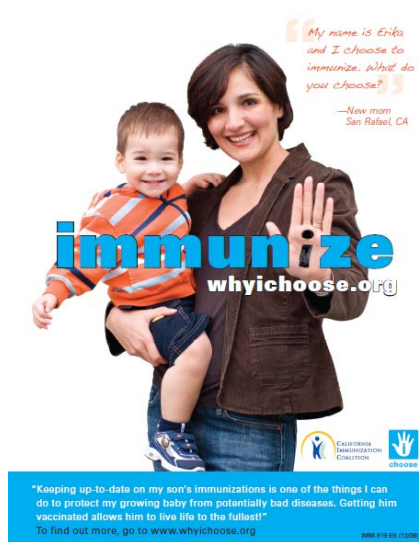


- Pamphlet
- Immunizations for a healthy pregnancy

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Immunization



- Poster
- Uses a parent testimonial to encourage vaccination

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov

Lead



- Poster

English
Spanish

Contact program:
Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Lead



- Brochure
- Contractors responsibility to use lead safe work practices

English
Spanish

Download from website:
 Childhood Lead Poisoning Prevention Program
<http://www.publichealth.lacounty.gov/lead/reports/Attention%20Brochure%20English.pdf>

Lead



- Brochure
- Make your home lead safe and healthy for your child

Armenia
Chinese
English
Korean
Spanish
Russian
Vietnamese

Download from website:
 Childhood Lead Poisoning Prevention Program
<http://www.publichealth.lacounty.gov/lead/reports/House%20Brochure%20Eng%2002.08.pdf>

Lead



- Brochure
- Learn about lead poisoning – protect your children

Chinese
English
Hmong
Spanish
Vietnamese

Download from website:
 Childhood Lead Poisoning Prevention Program
<http://www.publichealth.lacounty.gov/lead/reports/Learn%20About%20Lead%2005.pdf>

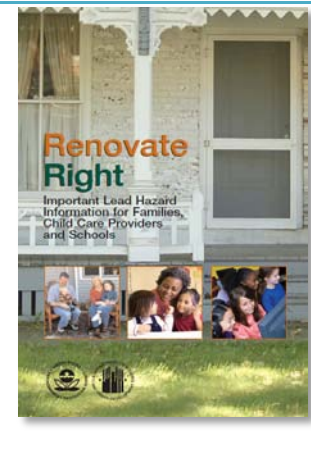

Lead





- Brochure
- Simple steps to protect your child from lead

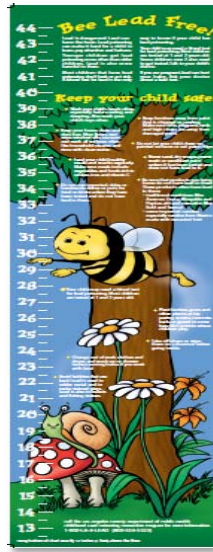
Chinese
English
Lao
Spanish
Vietnamese

Contact program:
 Childhood Lead Poisoning Prevention Program
 1-800 LA-4-LEAD

<p>Lead</p>		<ul style="list-style-type: none"> • Guidebook • A guide to a healthy and lead-safe home for children 	<p>English Spanish</p>	<p>Download from website: Childhood Lead Poisoning Prevention Program http://www.publichealth.lacounty.gov/lead/reports/leadbroc.pdf</p>
<p>Lead</p>		<ul style="list-style-type: none"> • Booklet • Renovate right: important lead hazard information for families, child care providers and schools 	<p>English Spanish</p>	<p>Download from website: Childhood Lead Poisoning Prevention Program http://www.publichealth.lacounty.gov/lead/reports/EPA%20Renovate%20Right%20Booklet.pdf</p>
<p>Lead</p>		<ul style="list-style-type: none"> • Brochure • Lead in house paint and dirt can hurt your child 	<p>English Spanish</p>	<p>Download from website: Childhood Lead Poisoning Prevention Program http://www.publichealth.lacounty.gov/lead/reports/Paint%20and%20Dirt.pdf</p>

<p>Lead</p>		<ul style="list-style-type: none"> • Brochure • Lead is a poison 	<p>Thai</p>	<p>Contact program: Childhood Lead Poisoning Prevention Program 1-800 LA-4-LEAD</p>
<p>Lead</p>		<ul style="list-style-type: none"> • Flyer • Do you cook with traditional pottery? It may contain lead 	<p>English Spanish</p>	<p>Download from website: Childhood Lead Poisoning Prevention Program http://www.publichealth.lacounty.gov/lead/reports/Pottery%20Flyer.pdf</p>
<p>Lead</p>		<ul style="list-style-type: none"> • Card • Danger! Azaron, Greta 	<p>English Spanish</p>	<p>Contact program: Childhood Lead Poisoning Prevention Program 1-800 LA-4-LEAD</p>

Lead



- Growth Chart
- Bee lead free

English
Spanish

Contact program:
Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Lead

Don't take lead home from your job!

Can Lead at work harm my child?
Yes. Your child can get lead poisoning if you or someone who lives in your home works with lead.

Four kinds of work make lead dust or fumes. You cannot see lead dust, but it can get on your hands, face, and clothes. You take lead dust home your job to your family. When you have your work clothes and shoes home, lead dust can get on your car. It can get on furniture, doors, and carpets. Your child can breathe this dust and get lead poisoning.

What can lead poisoning do to my child?
Children who breathe lead dust may have problems breathing and paying attention. Lead can cause the brain, nerves, and kidneys. Lead is even more dangerous for children under the age of six.
Lead poisoning with lead poisoning do not look or act sick.
Ask your doctor to test your child's blood for lead. This is the only way to know if your child is being lead poisoned.

CALIFORNIA DEPARTMENT OF HEALTH SERVICES

- Brochure
- Don't take lead home from your job

English
Spanish

Contact program:
Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Lead


Los Angeles County Childhood Lead Poisoning Prevention Program
1-800-LA-4-LEAD
www.publichealth.lacounty.gov/lead
TRADITIONAL, REMEDIES AND OTHER PRODUCTS REPORTED TO CONTAIN LEAD

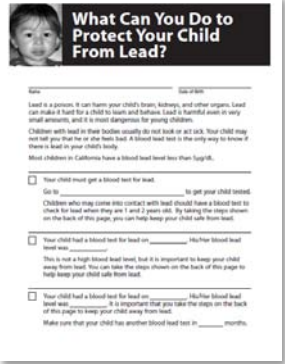
Product Name	Address	City	State	Zip	Phone	Manufacturer	Product Description	Lead Content	Reported Date
...


- Flyer
- Traditional remedies and other products reported to contain lead


English

Download from website:
Childhood Lead Poisoning Prevention Program
<http://www.publichealth.lacounty.gov/lead/report/s/HEU%20Flyers/Traditional%20Home%20Remedies%20List.pdf>

<p>Lead</p>	 <p>Sources of Lead Poisoning</p> <p>Take Home Exposure</p> <ul style="list-style-type: none"> Lead Contaminated Dust Traditional Remedies & Cosmetics Paint - Inside/Outside Built Before 1978 Bare Soil Imported Pottery Imported Toys Imported Jewelry Imported Candy <p>For more information please call 1-800-LA-4-LEAD (1-800-524-5333)</p>	<ul style="list-style-type: none"> Flyer Sources of lead poisoning 	<p>English Spanish</p>	<p>Contact program: Childhood Lead Poisoning Prevention Program 1-800 LA-4-LEAD</p>
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<p>Lead</p>	 <p>What Can You Do to Protect Your Child From Lead?</p> <p>Lead is a poison. It can harm your child's brain, kidneys, and other organs. Lead can make it hard for a child to learn and behave. Lead is harmful even in very small amounts, and it is most dangerous for young children.</p> <p>Children with lead in their bodies usually do not look or act sick. Your child may not tell you that he or she has lead. A blood lead test is the only way to know if there is lead in your child's body.</p> <p>Most children in California have a blood lead level less than 10 µg/dL.</p> <p><input type="checkbox"/> Your child must get a blood test for lead.</p> <p>Go to _____ to get your child tested. Children who may come into contact with lead should have a blood test to check for lead when they are 1 and 2 years old. By taking the steps shown on the back of this page, you can help keep your child safe from lead.</p> <p><input type="checkbox"/> Your child had a blood test for lead on _____. His/her blood lead level was _____.</p> <p>This is not a high blood lead level, but it is important to keep your child away from lead. You can take the steps shown on the back of this page to help keep your child safe from lead.</p> <p><input type="checkbox"/> Your child had a blood test for lead on _____. His/her blood lead level was _____.</p> <p>It is important that you take the steps on the back of this page to keep your child away from lead.</p> <p>Make sure that your child has another blood test in _____ months.</p>	<ul style="list-style-type: none"> Flyer What can you do to protect your child from lead? For physicians and healthcare providers 	<p>English Spanish</p>	<p>Contact program: Childhood Lead Poisoning Prevention Program 1-800 LA-4-LEAD</p>
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<p>Lead</p>	 <p>Warning! These candies have been found to contain lead*</p> <p>Last Updated: May 6, 2019**</p> <p>Lead is a poison. It can harm your child's brain, kidneys, and other organs. Lead can make it hard for a child to learn and behave. Lead is harmful even in very small amounts, and it is most dangerous for young children.</p> <p>Children with lead in their bodies usually do not look or act sick. Your child may not tell you that he or she has lead. A blood lead test is the only way to know if there is lead in your child's body.</p> <p>Most children in California have a blood lead level less than 10 µg/dL.</p> <p><input type="checkbox"/> Your child must get a blood test for lead.</p> <p>Go to _____ to get your child tested. Children who may come into contact with lead should have a blood test to check for lead when they are 1 and 2 years old. By taking the steps shown on the back of this page, you can help keep your child safe from lead.</p> <p><input type="checkbox"/> Your child had a blood test for lead on _____. His/her blood lead level was _____.</p> <p>This is not a high blood lead level, but it is important to keep your child away from lead. You can take the steps shown on the back of this page to help keep your child safe from lead.</p> <p><input type="checkbox"/> Your child had a blood test for lead on _____. His/her blood lead level was _____.</p> <p>It is important that you take the steps on the back of this page to keep your child away from lead.</p> <p>Make sure that your child has another blood test in _____ months.</p>	<ul style="list-style-type: none"> Flyer Candies found to contain lead 	<p>English Spanish</p>	<p>Contact program: Childhood Lead Poisoning Prevention Program 1-800 LA-4-LEAD</p>
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<p>Lead</p>	 <p>Pregnant? Remember!</p> <p>Lead is a poison. It can harm your child's brain, kidneys, and other organs. Lead can make it hard for a child to learn and behave. Lead is harmful even in very small amounts, and it is most dangerous for young children.</p> <p>Children with lead in their bodies usually do not look or act sick. Your child may not tell you that he or she has lead. A blood lead test is the only way to know if there is lead in your child's body.</p> <p>Most children in California have a blood lead level less than 10 µg/dL.</p> <p><input type="checkbox"/> Your child must get a blood test for lead.</p> <p>Go to _____ to get your child tested. Children who may come into contact with lead should have a blood test to check for lead when they are 1 and 2 years old. By taking the steps shown on the back of this page, you can help keep your child safe from lead.</p> <p><input type="checkbox"/> Your child had a blood test for lead on _____. His/her blood lead level was _____.</p> <p>This is not a high blood lead level, but it is important to keep your child away from lead. You can take the steps shown on the back of this page to help keep your child safe from lead.</p> <p><input type="checkbox"/> Your child had a blood test for lead on _____. His/her blood lead level was _____.</p> <p>It is important that you take the steps on the back of this page to keep your child away from lead.</p> <p>Make sure that your child has another blood test in _____ months.</p>	<ul style="list-style-type: none"> Brochure Lead in pregnancy 	<p>English Spanish</p>	<p>Contact program: Childhood Lead Poisoning Prevention Program 1-800 LA-4-LEAD</p>
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<p>Lead</p>	<ul style="list-style-type: none"> Brochure 	<p>English</p>	<p>Contact program:</p>
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IMAGE NOT AVAILABLE

- An overview of requirements for point of service blood lead testing devices in California

Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Lead



- Brochure
- Lead safe work practices

English
Spanish

Contact program:
Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Lead



- Brochure
- Make your home lead safe and healthy for children

English
Spanish

Download from website:
Childhood Lead Poisoning Prevention Program
http://www.publichealth.lacounty.gov/lead/report_s/House%20Brochure%20Eng%2002.08.pdf
Contact program:
Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Lead



- Booklet
- Renovate right: important lead hazard information for families, child care providers and schools

Bilingual-English
and Spanish

Contact program:
Childhood Lead Poisoning Prevention Program
1-800 LA-4-LEAD

Listeriosis



- Brochure
- Targeting pregnant women, newborns, seniors and those with weak immune systems

English
Spanish

Download from website and available for order (free while supplies last):
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>

Nutrition

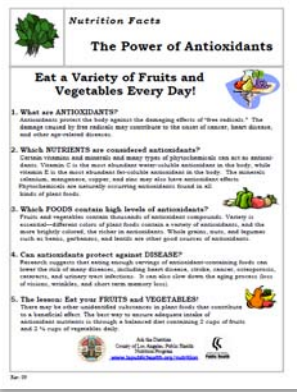


- Brochure
- Grains of Truth

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition

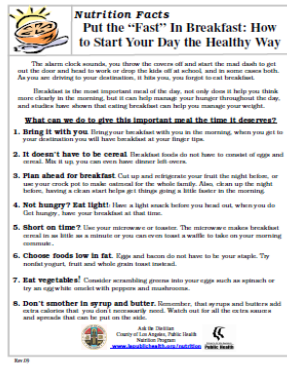


- Brochure
- Power of antioxidants

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Importance of breakfast

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition

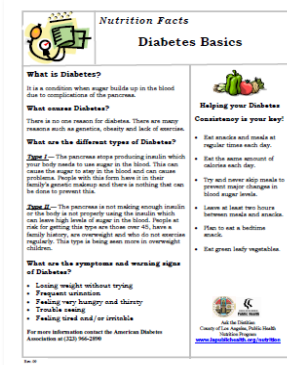
Several produce Pointers and recipes are available on the web site.

- Info cards
- Produce pointers
- Recipes

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/Produce%20Pointers/ProducePointers-Index.htm>

Nutrition



- Brochure
- Diabetes basics

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Living a fad free life

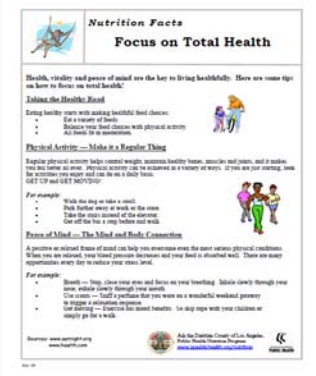
English
Spanish

Download from website:

Nutrition Program

<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Focus on total health

English
Spanish

Download from website:

Nutrition Program

<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Food safety at picnics

English
Spanish

Download from website:

Nutrition Program

<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Eat more fruits and vegetables

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Healthy holidays

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Heart healthy eating

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition



- Brochure
- Tips for healthy grilling

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Nutrition

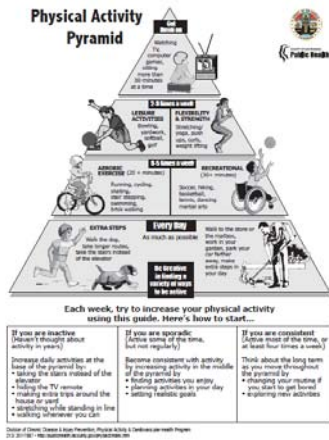


- Brochure
- Vegetarian options

English
Spanish

Download from website:
Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Physical Activity



- Flyer
- Physical Activity Pyramid

English

Download from website:
Physical Activity and Cardiovascular Health Program
<http://publichealth.lacounty.gov/physact/>

Physical Activity



- Handout
- Targeting Older Adults
- Available topics:
 - Flexibility Exercises
 - Strength Exercises
 - Balance Exercises

English
Spanish

Contact Program:
Physical Activity Program
(213) 351-7887

or

Health Education Administration
(213) 351-7334

Physical Activity



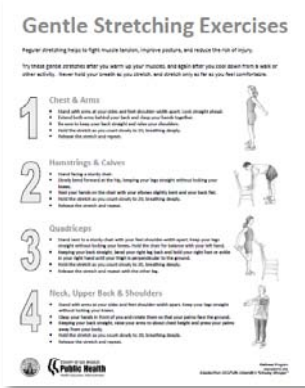
- Flyer
- Strength Training Exercises

English

Download from intranet:
Health Education Administration- Wellness Program
<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:
HEA@ph.lacounty.gov

Physical Activity



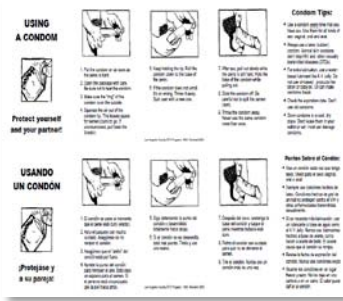
- Flyer
- Stretching Exercises

English

Download from intranet:
Health Education Administration- Wellness Program
<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:
HEA@ph.lacounty.gov

Safer Sex



- Brochure
- Using a condom

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Salmonella

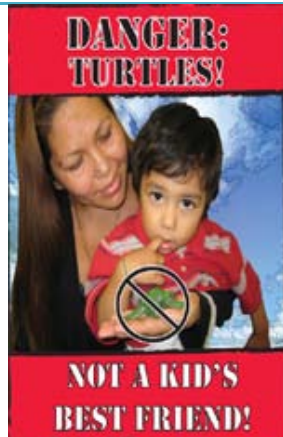


- Brochure
- Pet reptiles
- Targeting parents and caregivers

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>

Salmonella (in reptiles)



- Brochure Fotonovella
- Pet reptiles
- Targeting parents and caregivers

English
Spanish
Chinese

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdReptile.htm>

Salmonella (in reptiles)



- Flyer
- Pet reptiles
- Targeting early childhood education programs and classrooms

English

Download from website:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdReptile.htm>

Salmonella (in reptiles)



- Flyer
- Pet reptiles
- Targeting parents

Arabic
 Armenian
 Chinese
 English
 Farsi
 Khmer
 Korean
 Spanish
 Russian
 Tagalog
 Thai
 Vietnamese

Download from website:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdReptile.htm>

Sexually Transmitted Diseases (STDs)



- Brochure
- STD Facts: sexual health is in your hands

English
 Spanish

Contact Program:

Sexually Transmitted Disease Program
 Sally Villanueva
savillanueva@ph.lacounty.gov

Sexually Transmitted Diseases (STDs)



- Poster
- Got Questions About STDs?

English

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Sexually Transmitted Diseases (STDs)



- Poster/Handout
- It's a good idea to tell your partners about your STD infection

English

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Sexually Transmitted Diseases (STDs)



- Poster/Handout
- I told my partners about my STD because...

English

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Sexually Transmitted Diseases (STDs)

Sexually Transmitted Disease (STD) Quick Sheet

STD	Incubation Period	Signs & Symptoms	Diagnosis	Prevention & Treatment
Chlamydia	1-3 weeks	Often asymptomatic. When symptomatic, may include: discharge from penis, burning with urination, pain in testicles, swollen lymph nodes.	Urine or swab of discharge.	Antibiotics. Can be cured. Untreated can lead to infertility, pelvic inflammatory disease (PID), and other complications.
Gonorrhea	2-14 days	Often asymptomatic. When symptomatic, may include: discharge from penis, burning with urination, pain in testicles, swollen lymph nodes.	Urine or swab of discharge.	Antibiotics. Can be cured. Untreated can lead to infertility, pelvic inflammatory disease (PID), and other complications.
Trichomoniasis	3-30 days	Often asymptomatic. When symptomatic, may include: discharge from penis, burning with urination, pain in testicles, swollen lymph nodes.	Urine or swab of discharge.	Antibiotics. Can be cured. Untreated can lead to infertility, pelvic inflammatory disease (PID), and other complications.
Syphilis	10-90 days	Often asymptomatic. When symptomatic, may include: painless sore (chancre) on penis, swollen lymph nodes, rash, fever, headache.	Blood test.	Antibiotics. Can be cured. Untreated can lead to severe complications, including blindness and paralysis.

- Handout
- STD Quick sheet

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Smallpox vs. Chickenpox

Distinguishing Smallpox from Chickenpox

	Smallpox	Chickenpox
How long to the incubation period?	Ranging from 7-17 days (usually 10-14 days)	Ranging from 10-21 days (usually 14-16 days)
When is it communicable?	Communicability begins with the onset of lesions (usually in the mouth by vesicle formation) and ends with the disappearance of all scabs.	Communicability begins up to 5 days before (usually 3-5 days before) onset of the rash and ends when all lesions have crusted.
What are the early/prodromal symptoms?	Adults may experience fever, high fever, severe headache, backache, chills, muscle aches, and prostration for 3-5 days. Children may suffer from vomiting and seizures.	Adults may experience mild prodromal symptoms and usually up to 2 days. In children, rash is often the first sign of disease.
How do lesions progress?	Slow progress Lesions progress to vesicles or pustules within 1-2 days. Lesions are less communicable and are in the same stage of development in different areas of the body. Lesions may be on the extremities and face. Lesions are not in the skin. Lesions frequently crust and fall off. Lesions usually begin 3-5 days after onset, and require 2-3 days after each crust.	Rapid progress Lesions progress to vesicles within 1-2 days. Lesions are more communicable and are in different stages of development on the body, such as in different stages of development on the face, trunk, extremities, legs, and body. Lesions are not in the skin. Lesions frequently crust and fall off. Lesions usually begin 3-5 days after each crust and require 1-2 days after each crust.
What are the reported incidences?	Reported cases: Rarely reported	Reported cases: Reported immediately - Suspect all cases within 21 day period - Suspect all cases within 21 day period - Report immediately - Report immediately - Report immediately

Report suspect and confirmed case to the Communicable Disease Reporting System at (800) 347-2983

Additional Information
Los Angeles County Department of Public Health
Communicable Disease Unit
Center for Disease Control and Prevention
Los Angeles County Department of Public Health
Los Angeles County Department of Public Health
Los Angeles County Department of Public Health

- Handout
- Distinguishing Smallpox from Chickenpox

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gufujimoto@ph.lacounty.gov

Sudden Infant Death Syndrome (SIDS)

A Message to Parents about Safe Sleep...

Safe Sleep Tips for Your Baby

As a parent and caregiver, you naturally want to protect your baby from harm. But there's something you don't know that has been shown to be a leading cause of SIDS. It's not what you think. It's not what you hear. It's not what you see. It's not what you feel. It's not what you smell. It's not what you taste. It's not what you touch. It's not what you hear. It's not what you see. It's not what you feel. It's not what you smell. It's not what you taste. It's not what you touch.

For more information on safe sleeping, please contact the following organizations:

Los Angeles County Department of Public Health
Center for Child and Family Services
1000 West 10th Street
Los Angeles, CA 90015
www.lacounty.gov
(213) 473-3444

Los Angeles County Department of Public Health
Center for Child and Family Services
1000 West 10th Street
Los Angeles, CA 90015
www.lacounty.gov
(213) 473-3444

- Tri-fold brochure
- Safe Sleep Tips for your baby

English
Spanish

Contact Program:
Maternal Child and Adolescent Health Program
Eleanor Long
Elong@ph.lacounty.gov

Sudden Infant Death Syndrome (SIDS)



- Facts

English

Contact Program:

Maternal Child and Adolescent Health Program
Eleanor Long
Elong@ph.lacounty.gov

Staph Infections



- Brochure
- What you need to know about staph
- Antibiotic resistant staph skin infections

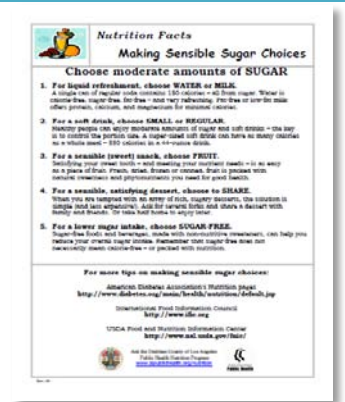
English

Spanish

Download from website:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>

Sugar



- Flyer
- Making sensible sugar choices

English

Spanish

Download from website:

Nutrition Program
<http://publichealth.lacounty.gov/nut/atd/NutritionEducationMaterials/nutfacts/NutritionFacts.htm>

Syphilis

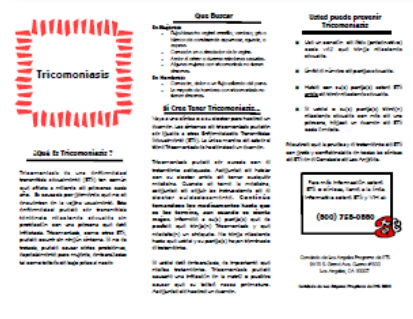


- Info Card

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Trichomoniasis

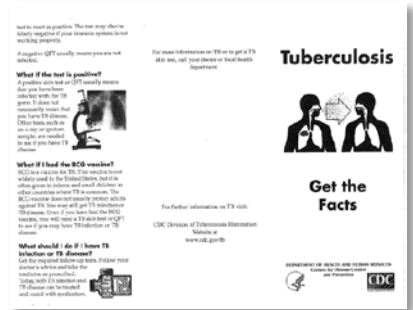


- Brochure

English
Spanish

Contact Program:
Sexually Transmitted Disease Program
Sally Villanueva
savillanueva@ph.lacounty.gov

Tuberculosis (TB)

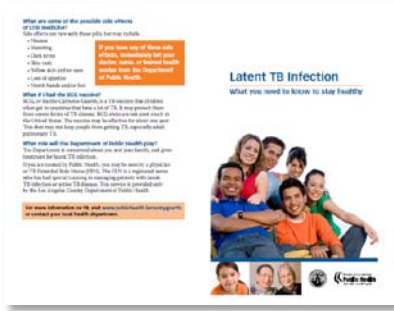


- Brochure
- General Information
- TB – Get the Facts

English
Spanish
Chinese
Japanese
Korean
Russian
Tagalog
Vietnamese

Download from website:
TB Control Program
<http://www.publichealth.lacounty.gov/tb/education.htm>

Tuberculosis (TB)



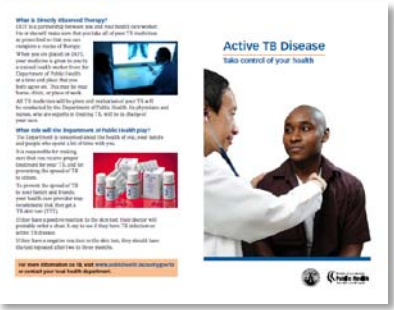
- Brochure
- Latent TB
- Latent TB infection: What You Need to Know to Stay Healthy

English

Download from website:

TB Control Program
<http://www.publichealth.lacounty.gov/tb/education.htm>

Tuberculosis (TB)



- Brochure
- TB (Active TB)
- Active TB disease: Take Control of your Health

English

Download from website:

TB Control Program
<http://www.publichealth.lacounty.gov/tb/education.htm>

Walking



- Flyer/handout
- Walking for wellness

English

Download from intranet:

Health Education Administration- Wellness Program
<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:
HEA@ph.lacounty.gov

Walking



- Walking maps
- Available for major DPH worksites

English

Download from intranet:

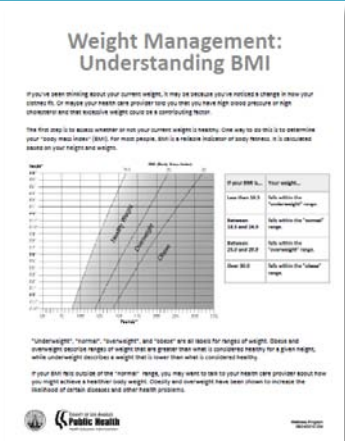
Health Education Administration- Wellness Program

<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:

HEA@ph.lacounty.gov

Weight Management



- Flyer
- Understanding Body Mass Index

English

Download from intranet:

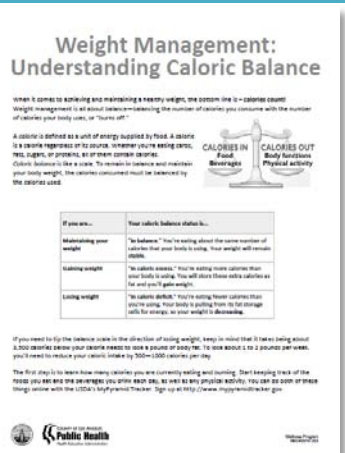
Health Education Administration- Wellness Program

<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:

HEA@ph.lacounty.gov

Weight Management



- Flyer
- Understanding Caloric Balance

English

Download from intranet:

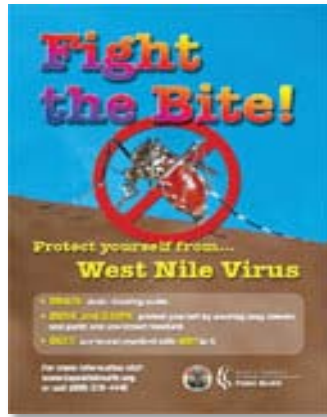
Health Education Administration- Wellness Program

<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:

HEA@ph.lacounty.gov

West Nile Virus



- Static cling-ons
- Protect yourself from West Nile Virus

English
Spanish

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/VectorWestNileEd.htm>

West Nile Virus



- Door Hanger Sized Flyer

Arabic
Armenian
Chinese
English
Farsi
Khmer
Korean
Spanish
Russian
Tagalog
Thai
Vietnamese

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/VectorWestNileEd.htm>

West Nile Virus



- Fact Sheet

English
Spanish

Download from website:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/VectorWestNileEd.htm>

Whooping Cough (Pertussis)



- Flyer
- Question and Answer
- Protect your Family from Whooping Cough

English
Spanish

Download from website:
 Acute Communicable Disease Control Program
<http://www.publichealth.lacounty.gov/acd/docs/PertussisFlyer.pdf>

Whooping Cough (Pertussis)



- Flyer
- Targeting people who work in healthcare settings

English

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gufujimoto@ph.lacounty.gov

Whooping Cough (Pertussis)



- Flyer
- Grandparents: protect yourself and your grandbaby from whooping cough

English

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gufujimoto@ph.lacounty.gov

Whooping Cough (Pertussis)



- Flyer
- Parents: protect yourself and your children from whooping cough

English

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gufujimoto@ph.lacounty.gov

Whooping Cough (Pertussis)



- Flyer
- Get Vaccinated

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://www.publichealth.lacounty.gov/acd/docs/PertussisPriorityGroups.pdf>

Whooping Cough (Pertussis)

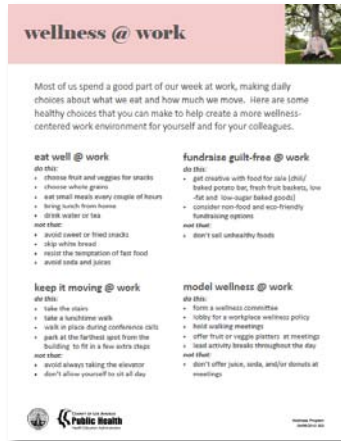


- Flyer
- Promotes pertussis vaccination and early diagnosis

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gufujimoto@ph.lacounty.gov

Worksite Wellness



- Flyer/handout
- Wellness @ work

English

Download from intranet:

Health Education Administration- Wellness Program

<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:

HEA@ph.lacounty.gov

Worksite Wellness



- Flyer/worksheet
- Setting & reaching wellness goals

English

Download from intranet:

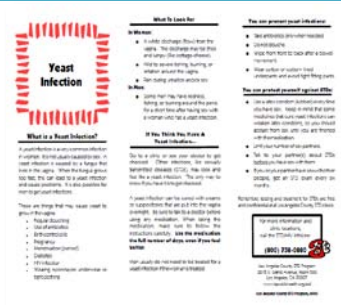
Health Education Administration- Wellness Program

<http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm>

Email:

HEA@ph.lacounty.gov

Yeast Infections



- Brochure

English
Spanish

Contact Program:



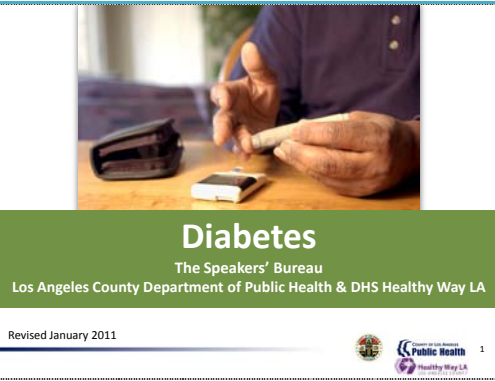
Sexually Transmitted Disease Program

Sally Villanueva

savillanueva@ph.lacounty.gov

PowerPoint Presentations

Topic	Image	Details	Language(s)	How to Access Presentations
Asthma	 <p data-bbox="422 451 913 625"> Asthma The Speakers' Bureau Los Angeles County Department of Public Health & DHS Healthy Way LA Revised January 2011 </p>	<ul style="list-style-type: none"> PowerPoint Presentation 	English Spanish	DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov
Bed Bugs	 <p data-bbox="422 868 913 1044"> Bed Bugs Los Angeles County Department of Public Health December 30, 2010 </p>	<ul style="list-style-type: none"> PowerPoint Presentation 	English	DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov
Cardiovascular Disease (CVD)	 <p data-bbox="422 1235 913 1443"> The Basics of Cardiovascular Disease (CVD) The Speakers' Bureau Los Angeles County Department of Public Health & DHS Healthy Way LA Revised January 2011 </p>	<ul style="list-style-type: none"> PowerPoint Presentation 	English Spanish	DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov

<p>Cholesterol</p>	 <p>High Cholesterol: What Can I do to Reduce My Risk? The Speakers' Bureau Los Angeles County Department of Public Health & DHS Healthy Way LA Revised January 2011</p>	<ul style="list-style-type: none"> • PowerPoint Presentation 	<p>English Spanish</p>	<p>DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm</p> <p>External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov</p>
<p>Community Preparedness</p>	 <p>Community Based Preparedness The Speakers' Bureau Los Angeles County Department of Public Health Revised July 19, 2011</p>	<ul style="list-style-type: none"> • PowerPoint Presentation 	<p>English Spanish</p>	<p>DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm</p> <p>External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov</p>
<p>Diabetes</p>	 <p>Diabetes The Speakers' Bureau Los Angeles County Department of Public Health & DHS Healthy Way LA Revised January 2011</p>	<ul style="list-style-type: none"> • PowerPoint Presentation 	<p>English Spanish</p>	<p>DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm</p> <p>External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov</p>

Falls Prevention



- PowerPoint Presentation

English

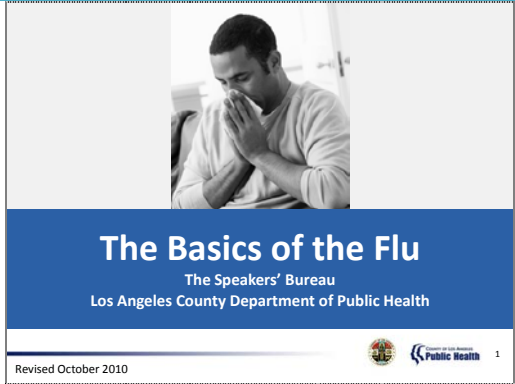
DPH employees, visit the Speakers Bureau Intranet Page:

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External partners, email Milan Hill, MPH:

mhill@ph.lacounty.gov

Flu



- PowerPoint Presentation

English

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External partners, email Milan Hill, MPH:

mhill@ph.lacounty.gov

Hantavirus



- PowerPoint Presentation

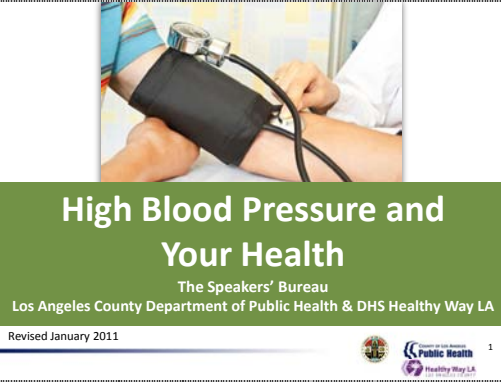
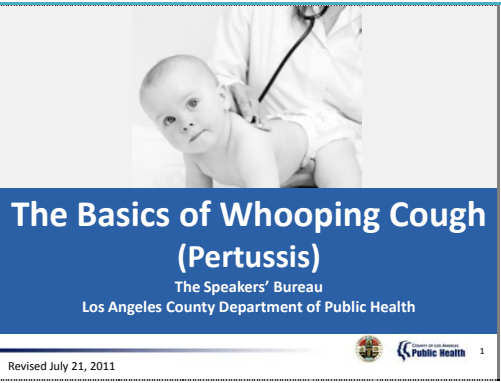
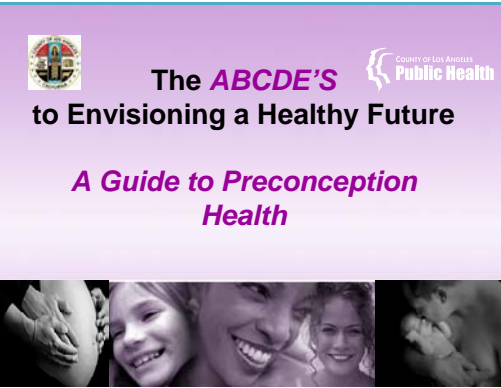
English

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External partners, email Milan Hill, MPH:

mhill@ph.lacounty.gov

<p>High Blood Pressure</p>	 <p>High Blood Pressure and Your Health The Speakers' Bureau Los Angeles County Department of Public Health & DHS Healthy Way LA Revised January 2011</p>	<ul style="list-style-type: none"> PowerPoint Presentation 	<p>English Spanish</p>	<p>DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm</p> <p>External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov</p>
<p>Pertussis (Whooping Cough)</p>	 <p>The Basics of Whooping Cough (Pertussis) The Speakers' Bureau Los Angeles County Department of Public Health Revised July 21, 2011</p>	<ul style="list-style-type: none"> PowerPoint Presentation 	<p>English Spanish</p>	<p>DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm</p> <p>External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov</p>
<p>Preconception Health</p>	 <p>The ABCDE'S to Envisioning a Healthy Future A Guide to Preconception Health County of Los Angeles Public Health</p>	<ul style="list-style-type: none"> Powerpoint Presentation 	<p>English</p>	<p>DPH employees, visit the Speakers Bureau Intranet Page: http://intranet.laph.local/ph/PHDirector/MedicalDirectorQualityAssurance/HealthEducationAdmin/HEASpeakersBureauCommMembers.htm</p> <p>External partners, email Milan Hill, MPH: mhill@ph.lacounty.gov</p>

Public Health 101



PowerPoint Presentation

English

Spanish

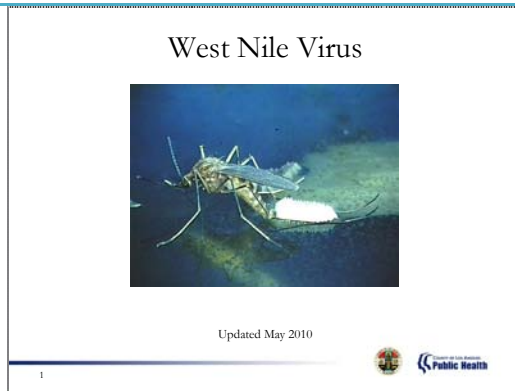
DPH employees, visit the Speakers Bureau Intranet Page:

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External partners, email Milan Hill, MPH:

mhill@ph.lacounty.gov

West Nile Virus



• PowerPoint Presentation

English

Spanish

DPH employees, visit the Speakers Bureau Intranet Page:

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External partners, email Milan Hill, MPH:

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